



***2005 Lamb Lumber  
FIS World Cup Nordic Combined "B"  
Lake Placid, New York USA  
December 18-22, 2005***



**Olympic Regional Development Authority  
2634 Main Street, Olympic Center  
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*On behalf of the United States Ski & Snowboard Association, Olympic Regional Development Authority and the Lake Placid Organizing Committee, your nation, as a member of the Federation Internationale de Ski, is cordially invited to participate in the 2005 Lamb Lumber FIS World Cup Nordic Combined "B" on December 18 - 22, 2005 in Lake Placid, New York, USA.*

### **COMPETITION RULES**

FIS rules will be applied to this competition.  
All athletes are required to have a signed FIS Athlete Declaration in order to compete.

### **ENTRIES**

#### **Registration Form #1 - Registration**

The final number of your competition team (including competitors and officials) and the names of participants must be sent to the organizing committee **no later than November 22, 2005.**

#### **Registration Form #2 - Olympic Training Center Accommodations**

*OTC accommodations are available only for the dates of December 18 – 22, 2005.*

Your application for accommodations at the Olympic Training Center (OTC) must be forwarded to the organizers along with a complete rooming list **no later than November 22, 2005.**

*Please note: It is essential that birthplace, date of birth and passport # for all athletes, coaches and officials be included on the accommodations application form.*

### **Entry information should be sent to:**

**Olympic Regional Development Authority**  
2634 Main Street, Olympic Center, Attention Heidi Roland  
Lake Placid, NY 12946 USA

Phone: (518)523-1655 ext. 248  
E-Mail: [hroland@orda.org](mailto:hroland@orda.org)

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# 2005 Lamb Lumber FIS World Cup Nordic Combined "B"

## *Tentative Event Schedule*

(Update 11/3/05)

Sunday	Dec. 18		Team Arrival	OTC
Monday	Dec. 19	7:00-9:00	Registration/Check-in	OTC
		9:00	Team Leader Informational Meeting	OTC
		11:00	K-120 Official Training Team Sprint	MIJC
		14:30	X/C Official Training	MIJC
		17:00	Team Leader Meeting/Draw	OTC
Tuesday	Dec. 20	10:00	HS134 T-sprint Trial Round	MIJC
		11:00	HS134 T-sprint 1 <sup>st</sup> Round Competition	MIJC
		12:00	HS134 T-sprint 2 <sup>nd</sup> Round Competition	MIJC
		14:00	NC T-sprint 15km (2 x 7.5km)X/C Competition	MIJC
		17:00	Team Leader Meeting/Draw	OTC
Wednesday	Dec. 21	11:00	HS134 SPRINT Trial Round	MIJC
		12:00	HS134 SPRINT Competition	MIJC
		14:00	NC SPRINT 7.5km X/C Competition	MIJC
Thursday	Dec. 22		Teams Depart	

MIJC = MacKenzie-Intervale Jumping Complex

OTC = Olympic Training Center

## **ACCOMMODATIONS**

### **The Olympic Training Center (OTC)**

Accommodations will be available at the Olympic Training Center (OTC) in Lake Placid. The organizers will provide room and board for all team members within the FIS World Cup "B" quota. **The official program dates begin on Sunday, December 18, 2005 and end on Thursday, December 22, 2005.** Early arrivals and late departures will be the financial responsibility of each team and will be subject to availability. Additional persons to the quota will be accommodated based on availability and according to the FIS established rules. The rooms are double and triple occupancy with no singles. Coaches and staff may be housed in double (2) or triple (3) occupancy per room. Athletes must be housed in triple (3) occupancy per room when possible. Rooms will be secured on a first come, first serve basis. Birth date, birthplace and passport # are required for all athletes and officials. **Please complete Form #2 and forward to the organizers no later than November 22, 2005 to apply for accommodations at the OTC.** Upon confirmation of your accommodations request, you will be forwarded additional forms for completion as required by the OTC.

## **VISA / FOREIGN ATHLETES ENTERING THE UNITED STATES**

American Visas may be required for each person traveling into the United States. At the border crossing you will be required to pay a fee of \$6.00 (US dollars) and fill out an I-94 registration card. This is very important in facilitating your arrival to the United States. Please remember you need a new visa *each time* you enter the United States.

## **REGISTRATION/CHECK-IN**

Registration will be held in the Event Registration Room at the Olympic Training, Lake Placid, New York. Please see schedule for times. ***All Team Leaders must report to the registration area upon arrival.***

## **COMPETITION OFFICE**

The competition offices will be located at the Olympic Training Center. Mailboxes will be set up for each team and officials for daily updates and results.

## **TEAM LEADER MEETINGS**

Team Leader meetings will be held in the Adirondack Room at the Olympic Training Center located on Old Military Road, Lake Placid.

## **TRANSPORTATION**

### **Automobile Rentals**

For teams arriving at Dorval International Airport in Montreal, Canada or Albany International Airport in Albany, NY rental vehicles are available through many national car rental agencies. Arrangements can be made by calling the agency directly at one of the below North American telephone numbers:

Thrifty	1-800-367-2277	or	www.thrifty.com
Hertz	1-800-654-3131	or	www.hertz.com
Avis	1-800-331-1212	or	www.avis.com
Dollar	1-800-800-4000	or	www.dollar.com
National	1-800-227-7368	or	www.nationalcar.com

### **Cargo Vans**

Budget	1-800-527-0700	or	www.budget.com
Ryder	1-800-467-9337	or	www.ryder.com

Automobile rental is available locally:

Avis	(518) 523-3506 or 1-800-331-1212
Hertz	(518) 523-3158 or 1-800-654-3131

The organizers will provide roundtrip transportation from Albany, NY and Montreal, CAN and training/competition transportation at a cost of \$300(US) per person. **Reservations for transportation are required by November 22, 2005.**

## **CEREMONIES**

Award Ceremonies will take place immediately following each competition.

## **EQUIPMENT CONTROL**

Equipment Control testing will be conducted in accordance with the rules and regulations set forth by the FIS.

## **CURRENCY EXCHANGE**

You are encouraged to exchange foreign currency to US dollars prior to your arrival in the United States. The best location for currency exchange is at the airport.

## **LIABILITY/INSURANCE**

The organizer cannot be held liable for any damage or accident. All participants must be sufficiently insured against accidents and illness by themselves or their National Federation.



## Olympic Jumping Complex

The Olympic Jumping Complex features the Olympic 90 and 120 meter ski jumps as well as 40 and 15 meter training hills. Landing hills on the K90 & K120 were redesigned in 1999 to meet the current FIS specifications. The site is fully equipped with a permanent snow making system, and integrated scoring system with display scoreboard and permanent speed meter.

Technical Information	90 Meter Jump	120 Meter Jump
In-Run Length	96.5 meters	118 meters
In-Run Angle	35°	35°
Speed	55 mph	62 mph
Length of Landing Hill	90 meters	120 meters
Degree of Take Off Hang	10.5°	11°
Steepest Angle of Landing	37°	37°
Height of Tower	47 meters	77 meters
Vertical Distance	107 meters	137 meters
Horizontal Distance	1064 meters	1201 meters
Hill Record	100 meters	120 meters

### Athlete Facilities

A large wax room is available for jumpers to prepare their equipment before and during the competition. To eat and watch the competition there is a lodge with a cafeteria at the base of the jump.

### Media Facilities

The base lodge offers media personnel access to phones, fax machines and a work area.

### Officials Facilities

The three story judge's tower was designed to provide the judges with the best view possible. The first floor is used for jumps from the 90 meter tower, and the third floor for judging the 120 meter tower. The second floor is designed to handle all the scoring and communication needs during the event.

### Timing and Scoring

The full time event staff has a complete set of electronic scoring equipment for the five judges. To exhibit the scores a full sized scoreboard at the base of the jump is used to display the top jumpers and their jump distances.

### Technical Information

The Olympic Jumping Complex in Lake Placid meets all FIS specifications and is FIS certified.

### Major Events at the Olympic Jumping Complex

1982-1989	World Cup Ski Jumping (70 and 90 Meter Events)
1986	World Junior Nordic Championships
1989	World Cup Nordic Combined
1984, 1988 & 1994	USA Olympic Trials
1994-1995	Intercontinental Cup Nordic Combined
1997-1999	World Cup "B" Nordic Combined
1995-1996	Continental Ski Jump series site
1996 & 1999	US Ski Jumping National Championships
1998	USSA Gold Cup
2000	Winter Goodwill Games (Ski Jumping, Nordic Combined, XC)
2002, 2004	World Cup "B" Nordic Combined
2005	FIS Continental Cup Ski Jump