



On behalf of the International Ski Federation, Norwegian Ski Association and Skialliansen Rana , we invite all member Associations of the International Ski Federation (FIS) to participate in the

**FIS-WORLD CUP "B" NORDIC COMBINED  
FINAL  
in Mo i Rana, Nordland, Norway**

**17-19. March 2006**

The events will take place at the Fageråsen Jumping Arena and at the Skillevollen Ski Stadium in Rana in Nordland.

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**RACE PROGRAM - FIS-WORLD CUP "B" NORDIC COMBINED (WC-BNC)**

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Wednesday	15 Mar	20.00	WC-B Team Captains' meeting – Meyergården Hotel
Thursday	16 Mar	12.00	WC-B Official Training Cross Country
		17.00	WC-B Official Training ski jumping 3 rounds
		20.00	WC-B Team Captains' meeting – Meyergården Hotel
Friday	17 Mar	15.00	Trial round WC-B (HS101)
		16.00	WC-B (HS101) – SPRINT jump
		19.00	WC-B Cross Country, 7,5 km SPRINT
		21.00	WC-B Team Captains' meeting – Meyergården Hotel
Saturday	18 Mar	12.00	Trial round WC-B (HS101)
		13.00	WC-B (HS101) –first round
		17.30	WC-B Cross Country 15 km Cross Country

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**RESTRICTIONS**

The number of participants in the competitions must comply with official WC rules and regulations.

**RESPONSIBILITY**

All competitors are to be insured by their own Ski Association and must have signed the Athletes Declaration. The Organisers have coverage for their own third party liability only.

**ECONOMY**

FIS rules apply.

**DOPING CONTROL**

Doping control during the event may be carried out by our national antidoping organisation, NIF. According to the NIF regulation, all participants shall be under an obligation to submit them selves to doping control.





## ACCOMMODATION

Reservations are made for all the Teams at Meyergården Hotel.

We ask you please to fill in the enclosed accommodation form carefully! Accommodation costs to be paid at the Information office in Meyergården hotel.

## TRANSPORTATION

Bus transfer can be arranged by the OK from Mo i Rana Airport to the hotel, and from the Railroad Station to the hotel. The hotel is situated in the middle of the Town. The OK can arrange bus transportation from the hotel to the Jumping Hill, about 2 km., and to the Cross Country Stadium about 7 km from the hotel.

To be able to pick up the Teams at the Airport, *we ask you please to fill in the enclosed transportation and accommodation form carefully!*

Return transportation from Meyergården Hotel to the Airport at Sunday 19<sup>th</sup> can be arranged by the OK.

Internal transportation will be organised by the World Cup Organiser.

## INFORMATION OFFICE AND TEAM CAPTAINS' MEETINGS

will be situated at Meyergården Hotel Tel/ Fax no: 0047 75134000/ 01

## RACE OFFICE

will be situated at Skillevollen ski stadium and Fageråsen Ski Jumping Arena 15-17.mars.

Chief of Competition: Trond Jøran Pedersen

TD: Uwe Mühlin

TD-assistant: Jan Hamran

Chief of course: Ketil Bråten

## ENTRIES

**Please send the entry forms to:**

**Trond Jøran Pedersen** (Competitions officer)

**E-mail:** [trond.joran.pedersen@ostbo.no](mailto:trond.joran.pedersen@ostbo.no)

**Telefon :**

**Fax no.:** +47 75 16 87 44 **Mobile:** +47 90 15 33 95

**Entries within 01.03.2006**

